






What is your name?

-  **AIM:** A simple presentation where everyone gets to talk and say a bit about themselves. The exercise might show that there is a great cultural variety in names.
-  **Participants:** 10 – 15, if more, the exercise can be done in smaller groups
-  **Duration:** Depending on the number of participants
-  **Required Material:** none
-  **Category:** Opening exercise / Homogeneous, inter-faith, inter-cultural

THINGS TO CONSIDER

Inviting everyone to speak will make the participants comfortable to say something in plenary again later in the workshop.

STEPS	
Preparation	For this exercise it works well if the group can sit in a circle or at least sit so that everyone can see each other.
Activity (10 - 15 minutes)	Invite the participants to tell their name, why they have that specific name and what the meaning of it is. It might be that someone is named after their grandparents, that their parents simply just liked the name or that it has a religious meaning.
Evaluation	Were you surprised by the meaning of other's names?
Conclusion	There are great stories behind our names. For some a name is very neutral whereas for others it carries a great meaning.